“1 in 6 children experiences sensory symptoms strong enough to affect everyday life functions.”

~ SPD Scientific Work Group

Answers to All of Your Sensory Challenges INSIDE!
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Phone: 682.558.8941 • Fax: 682.558.8945 • Toll Free: 877.775.8968
www.SensoryWorld.com
Get the latest information on sensory issues delivered right to your inbox quarterly for only $14.95 a year!

Sensory Focus (formerly S.I. Focus) Magazine is the first of its kind serving as an international resource to parents and professionals who want to stay informed regarding how to improve sensory integration and how to address sensory processing deficits.

Four issues per year will provide quality information written by both leading experts in the field, as well as parents with unique insight.

Become knowledgeable in the latest research, products, and recommendations by experts. Enjoy a wealth of information regarding books, conferences, websites, personal experiences and articles that enlighten, encourage and empower.

Winner of Platinum & Gold Creative Awards in 2008 for Design and Content!

Winner of Gold & Silver Creative Awards in 2009 for Design and Content!

All subscriptions include 4 issues per year.

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Carol Kranowitz Library

- The Out-of-Sync Child
- Growing an In-Sync Child
- The Out-of-Sync Child Has Fun
- The Goodenoughs Get in Sync
- Sensory Issues in Learning & Behavior DVD
- Getting Kids in Sync DVD
- Preschool Sensory Scan for Educators (Preschool SENSE) Manual and Forms Packet
- A Teacher’s Guide to Sensory Processing Disorder (2 CDs)
- Answers to Questions Teachers Ask about Sensory Integration

INCLUDES SPECIAL BONUS DVD
Sensory Strategies to Improve Communication, Social Skills & Behavior by Paula Aquilla

Library Price $99.95!

Pages 10-12

Buying Individually $251.00

www.SensoryWorld.com
Children’s Books

• Squirmy Wormy
• Sensitive Sam
• Picky, Picky Pete
• My Friend with Autism
• Too Smart for Bullies
• Too Safe for Strangers
• Special People, Special Ways

Music to Teach, Calm & Lift

• 28 Instant Songames CD
• Songames CD
• Marvelous Mouth Music CD
• Danceland CD
• Soothing the Senses CD

Sensory for the Classroom

• Learning in Motion page 14
• MoveAbout Activity Cards page 14
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877.775.8968
**Active Imagination Activity Book**
50 Sensorimotor Activities to Improve Focus, Attention, Strength, and Coordination
by Kelly Tilley, MCISc, OTR/L

ISBN: 978-1-935567-28-8
$19.95

Do you know a child (or adult) who needs help with maintaining attention, calming down, or energizing? Here is your answer in a resource that has an easy-to-use easel book format, tabs along the border, a quick reference chart, and best of all, exercises that require no equipment!

---

**Ellie Bean, the Drama Queen!**
How Ellie Learned to Keep Calm and Not Overreact
by Jennie Harding

$9.95

This cute children’s book helps explain some bizarre or “dramatic” behavior, and gives easy sensory answers to parents and teachers. By the end of the story, Ellie learns how to cope with her issues and stop being such a drama queen . . . but she does keep her crown. 😊

---

**The Last Bedtime Story That We Read Each Night**
by Carol Gray

ISBN: 978-1-935567-36-3
$14.95

Finally, social skills expert Carol Gray has provided a solution to nightly arguments with this helpful book. Short, sweet, reassuring, and to-the-point, this instant classic helps children go to sleep quickly and calmly. According to parents, this book has ended bedtime arguments after just one night!

When parents clearly and warmly state that this is “The Last Bedtime Story,” children relax their bodies and minds as it is being read to them.

---

**This is Gabriel: Making Sense of School - 2nd Edition**
A Book About Sensory Processing Disorder
by Hartley Steiner

ISBN: 978-1-935567-34-9
$12.95

*This is Gabriel* provides a look into the challenges children with sensory issues face in the classroom. This easy to read and beautifully illustrated picture book gives teachers, parents and students a better understanding of all seven senses, how they are each affected at school and what kinds of accommodations are necessary to help them become learning sensations!
This wonderful book brings to life the story of Sam, whose oversensitivity creates chaos and frustration in his life. Finally, at the suggestion of Sam’s teacher, his parents take Sam to see an occupational therapist. Sam describes the process from a child’s perspective that is sure to soothe young readers who may be facing the same challenges.

Go along with one nervous little boy, as he faces a day he DREADS—Haircut Day! He hides under the bed with fear at the beginning, but by the end, he has learned that it’s not so scary. He learns to cope with his fear of the barber and discovers he could even learn to like getting a haircut!

Written by Michele Griffin, an occupational therapist, this picture book is a must for any child with sensory processing disorder. Pete finds his clothes uncomfortable and can’t stand “paint, soap, and things with lumps.” He explains this to his mother in this fun children’s book, as they navigate a difficult morning in the life of a young boy with sensory issues.

This wonderful book brings to life the story of Sam, whose oversensitivity creates chaos and frustration in his life. Finally, at the suggestion of Sam’s teacher, his parents take Sam to see an occupational therapist. Sam describes the process from a child’s perspective that is sure to soothe young readers who may be facing the same challenges.
Dr. John Taylor helps kids help themselves out of any kind of sensory difficulty they may be encountering. This book is written for kids!

Each chapter will help kids learn about, come to terms with, and eventually have fun with one of their senses. This book is a must for anyone, age eight and up, trying to understand how they can make their life better. It will make their favorite adults’ lives easier, too!

The Survival Guide for Kids With ADD or ADHD is very practical and user friendly. There are eight well defined chapters, beginning with “What is ADHD?” and ending with “Eight Ways to Deal with Strong Feelings.”

Children’s Books for Safety

Too Safe for Strangers ISBN: 978-1-885477-75-0

Most children accept adults’ friendliness at face value. Sometimes it can have tragic consequences.

Too Smart for Bullies ISBN: 978-1-885477-76-7

Bullies, Beware! This little book is going to have a big impact! In this moral-driven story, Mandee tells big brother Bobby how a bully took all her money. Bobby stresses that she needs adult help, and explains what to do if it happens again.

www.SensoryWorld.com
SONGAMES™

Each Songame™ CD contains fun musical activities for improving fine- and gross-motor skills, muscle strength, and rhythmicity. These musical gems are useful for engaging kids in active games, as well as helping kids calm down and focus. Songames are great for enhancing oral-motor skills and expressive language play and decreasing sensory defensiveness. Kids will want to play Songames over and over again!


Songames™ for Sensory Processing

25 Therapist-Created Musical Activities for Improving Fine- and Gross-Motor Skills, Muscle Strength, and Rhythmicity

by Aubrey Lande MS, OTR, Bob Wiz, and friends

Fun and engaging for kids ages 3-11, these Songames offer a world of developmental play activities. Plus, the comprehensive companion booklet explains how to use music to enhance specific skills, provides a comprehensive list of resources, and triples the number of therapeutic ways to use the games!

Includes 2 CDs + booklet
87 minutes of music!

28 Instant Songames™

Fun-Filled Activities for Kids 3-8

by Barbara Sher, MS, OTR

Twenty-eight games that make children feel good about themselves—what could be more fun than that?? Winner of the Oppenheim Toy Portfolio SNAP Award and Dr. Toy’s Best Vacation Children’s Products, 28 Instant Songames is great fun for typically developing children, as well as those with special needs!

These less complex Songames and activities are perfect for younger children.

Includes CD
+ 48-page booklet.

Danceland

Songames™ and Activities to Improve Sensory Skills

by Kristen Fitz Taylor, RPT, and Cheryl McDonald, RPT

Danceland is a musical invitation to move joyfully and creatively! Designed for slightly older children, ages 5-12 and developed by physical and occupational therapists, these more than 75 movement activities can be adapted for physical education and home programming.

The “travel guide” combines theory with instruction, while encouraging you to put your own creative twists on the activities. Turn dances into games, choreographed stories, or theatrical performances!

Includes CD
+ 28-page booklet.

877.775.8968
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<tr>
<th><strong>Marvelous Mouth Music</strong></th>
<th>Songames™ for Speech Development</th>
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<td><strong>by Suzanne Evans Morris, PhD, CCC-SLP</strong></td>
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*Marvelous Mouth Music* is an audio CD of 21 activity-based Songames designed by Dr. Suzanne Evans Morris, an internationally recognized speech therapist. **Ideally suited for kids age 2 years to those with fully developed speech**, this CD brings speech development to life through musical play.

The companion booklet includes a “How to Use” section, song lyrics, a model for how to use all types of music to promote therapeutic change, and a glossary of important terms written in easy-to-understand language.

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<th><strong>Soothing the Senses</strong></th>
<th>15 Lyrical Selections to Soothe and Relax</th>
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<td><strong>Fred Hersch</strong></td>
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Award-winning pianist Fred Hersch plays 15 luxuriously gentle and lyrical selections to relax and soothe the senses. The CD features compositions from Hersch, as well as Debussy, Mozart, Bach, and Gershwin.

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<th><strong>The Wiggly Scarecrow</strong></th>
<th>Songs for Sensational Kids</th>
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<td><strong>Coles Whalen</strong></td>
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Kids are sure to dance to the delight of Coles Whalen in this fun activity CD! *The Wiggly Scarecrow* helps children understand their uniqueness and builds self-esteem as they learn the lyrics and sing with confidence.

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<th><strong>Say G’Day!</strong></th>
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<tr>
<td><strong>Genevieve Jereb</strong></td>
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Teachers, therapists, and parents will love these fun-filled rhythms that support and sustain focused attention, organized movement, and effective interaction within the classroom, home, or clinic.

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<th><strong>Jumpin’ Jellybeans</strong></th>
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<tr>
<td><strong>Genevieve Jereb and Friends</strong></td>
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This 20-song collection keeps kids involved in directed activities to enhance attention and alertness, provide rhythmic entertainment, improve body awareness, and strengthen patterns of respiration.

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<th><strong>Cool Bananas</strong></th>
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<tr>
<td><strong>Genevieve Jereb</strong></td>
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*Cool Bananas* was created to provide children with a selection of strong, regulated rhythms to support a state of calm, organization, and regulation in their nervous systems. Enchanting favorite children’s songs sung at 50 to 70 beats per minute support the dysregulated child.

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<th><strong>The Mozart Effect, Volume I</strong></th>
<th>Compiled by Don Campbell</th>
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<td><strong>Compiled by Don Campbell</strong></td>
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Don Campbell, musician, teacher, and author of *The Mozart Effect for Children*, has selected some of the best of Mozart’s music to stimulate and inspire young minds. Use the music as a background to learning, or coordinate activities to teach listening, rhythm, or other skills.
As a music, movement, and drama teacher for 25 years, Carol Kranowitz observed many out-of-sync pre-schoolers. To help them become more competent in their work and play, she began to study sensory processing and sensory integration theory. She learned to help identify her young students’ needs and to steer them into early intervention. In writings and workshops in the United States and abroad, she explains to parents, educators, and other early childhood professionals how sensory issues play out—and provides fun and functional techniques for addressing them at home and school.

Growing an In-Sync Child
Simple, Fun Activities to Help Every Child Develop, Learn, and Grow
by Carol Kranowitz, MA, and Joye Newman, MA
$15.95

This fresh and timely book offers a new approach to understanding the profound impact of motor development on children of all ages and stages. Based on the authors’ more than seventy combined years of professional success working with children of all abilities, Growing an In-Sync Child provides parents, teachers, and other professionals with the tools to give every child a head start and a leg up.

The Goodenoughs Get in Sync—New Edition
5 Family Members Overcome their Special Sensory Issues
by Carol Kranowitz, MA
$14.95

This delightfully illustrated “chapter book,” geared for 8-to-12-year-olds, tells the charming tale of five family members and their naughty dog (each with a different sensory processing challenge) and how they get in sync after a tough day. The story itself is in large print to benefit younger readers. Explanations of sensory processing issues are woven throughout the story in smaller type for proficient readers.

Sensory Issues in Learning & Behavior DVD
by Carol Kranowitz, MA
$99.95

See the nation’s leading special-needs author in your very own classroom or living room! In this 3-hour DVD of a live presentation, Carol Kranowitz offers sensory strategies and activities that are applauded not only in the United States but around the world. For every kind of sensory need, she has a story that illustrates how a child may behave. She suggests techniques that work (and some that don’t), along with fun and functional activities that are sure to be a hit with your young child or student.
Some of Carol’s favorite books, and her reasons for loving them.

**The Out-of-Sync Child Has Fun, Revised Edition**
Activities for Kids with Sensory Processing Disorder
by Carol Kranowitz, MA
$15.95

_The Out-of-Sync Child Has Fun_ features more than 100 playful activities to help develop and organize a child’s brain and body. These SAFE (Sensory-motor, Appropriate, Fun, and Easy) activities are a great way to support children with sensory processing disorder.

**The Out-of-Sync Child, 2nd Edition**
Recognizing and Coping with Sensory Processing Disorder
by Carol Kranowitz, MA
ISBN: 978-0-399531-65-1
$15.95

The best-selling, ground-breaking book has been revised and updated! The New York Times states, “The Out-of-Sync Child has become the parents’ bible…” and for good reason because it explains sensory processing disorder and presents a medication-free approach that offers hope for parents!

**In-Sync Activity Cards**
50 Simple, New Activities to Help Children Develop, Learn, and Grow!
by Joye Newman, MA and Carol Kranowitz, MA

Joye Newman and Carol Kranowitz, experts in child development and co-authors of Growing an In-Sync Child, present the best ways to help children learn and grow using their motor development skills. Now you can tap that experience and genius, using these handy cards to help kids grow, learn, and develop to the best of their abilities! Divided into beginner, intermediate, and advanced activities, each card tells you why and how the activity works, what you need for it, and ways to make it more challenging.

In this lively 26 minute DVD, Carol Kranowitz demonstrates SAFE (Sensory-motor, Appropriate, Fun, and Easy) activities with the help of preschool children. This is an indispensable DVD for anyone looking for quick-and-easy ideas for incorporating sensory-motor activities into a child’s day. The children’s demonstrations make the activities easy to understand, while Carol’s explanations clarify the sensory benefits of the activities and how children with differing developmental levels may respond to each.
Developed with guidance from expert occupational and speech therapists, this program helps teachers to recognize sensory processing patterns among students 2½ to 5 years old. This manual includes complete screening instructions and side-by-side charts describing how children with six types of sensory processing disorder respond to ordinary sensations. Additional Forms Packets are also available separately (see below).

Preschool SENSE
Forms Packet
Designed by Carol Kranowitz, MA
ISBN: 978-1-932565-85-0
$14.95

Using the Preschool SENSE program, this packet includes all the forms needed for eight children. Letters to parents or guardians, instructions to the teachers, checklists, and helpful sensory strategies guide teachers and therapists as they work together to identify children who may have sensory issues and direct them to appropriate evaluation and therapy.

Answers to Questions Teachers Ask about Sensory Integration
Forms, Checklists, and Practical Tools
by Jane Koomar, PhD, OTR/L, FAOTA, Carol Kranowitz, MA, and Stacey Szklut, MS, OTR/L
ISBN: 978-1-932565-46-1
$14.95

In this book, you’ll find tried-and-true instructions for developing fine-motor, “organizing,” and motor-planning skills, along with providing an appropriate “sensory diet” that will benefit all your students. Checklists help you identify students who have difficulty processing sensory information.

A Teacher’s Guide to Sensory Processing Disorder
formerly Teachers Ask about Sensory Integration
by Carol Kranowitz, MA and Stacey Szklut, MS, OTR/L
ISBN: 978-1-935567-00-4
$19.95

In this audio companion to the book, Answers to Questions Teachers Ask about Sensory Integration, Carol Kranowitz interviews Stacey Szklut, OTR. They discuss how to teach children with sensory processing problems. Finally, here is help for teachers and other school professionals who are trying to reach kids with sensory difficulties.
Rebecca Moyes, MEd, was a regular-education teacher in public and private schools in Pennsylvania for nine years. After her son was diagnosed with a disability, she left her teaching position to become an inclusion consultant. Today, she contracts with school districts to provide consultation and training. She speaks at seminars with the Bureau of Education Research in cities throughout the United States and is highly recognized as an authority in the field of autism education. In her spare time, she enjoys reading and gardening, and anything else that provides some sensory downtime!


Rebecca helps walk any regular education or special education teacher through the process of setting up a sensory-friendly classroom in this easy-to-use book. This is currently the only book that discusses the importance of data-driven strategies, and then helps teachers implement them! Rebecca is able to take the data and work out how to make any student’s (and teacher’s!) life easier.


As an educational advocate, Rebecca Moyes knows that many parents struggle with designing an IEP (Individual Education Plan). Written especially for those dealing with autism and Asperger’s, this book demystifies special education laws. It also tackles important issues such as developing social skills, and dealing with teasing and bullying.


Social skills instruction for K-8th grade children on the autism spectrum requires an emphasis on visuals, or “show-teaching” techniques, rather than language-based instruction. These K-8 lesson plans, featuring explicit IEP goals, can be incorporated into both general and special education classrooms and offer both individual and small-group instruction.


This book provides a wealth of practical help for both teachers and parents. Teachers learn how to create environmental supports and how to incorporate specific teaching strategies. This book is full of tips on how to tackle different kinds of challenging behaviors both in and out of the classroom.


This book provides a detailed description of social deficits as they appear in the classroom and ways to address them. Such issues include difficulties with understanding idioms, taking turns in conversation, understanding tone of voice, and body language.
Basic Skills Checklists
Teacher-friendly Assessment for Students with Autism or Special Needs
by Marlene Breitenbach, MSEd, BCBA
ISBN: 978-1-932565-75-1
$19.95

Basic Skills Checklists is an easy-to-use, informal assessment tool that helps classroom assessment. It focuses on pre-academic readiness and academic skills expected from learners in the early elementary years. The author, an experienced teacher, developed these helpful checklists in special-needs and inclusive classrooms.

Simple, customizable charts make it easy to record children’s progress in skill areas such as basic concepts, reading/language, math, fine motor skills, and independence.

How Do I Teach This Kid?
Visual Work Tasks for Beginning Learners on the Autism Spectrum
by Kimberly A. Henry
$19.95

This book utilizes the strengths of children with autism spectrum disorder to help them develop new skills. Tasks are visually oriented and consistent, and expectations are clear. Children learn motor, matching, sorting, reading, writing, and math skills by using easy-to-make “task boxes.” Sample data sheets are included.

MoveAbout Activity Cards
Quick and Easy Sensory Activities to Help Children Refocus, Calm Down or Regain Energy
by David Jereb, OTR/L, and Kathy Jereb, COTA/L
ISBN: 978-1-935567-13-4
$19.95

This colorful 64-card deck provides fun-filled activities that will help children develop their sensory-motor skills in a gamelike format. These cards offer delightful activities for children of all ages and abilities. Many activities require no special equipment, while others make use of standard classroom equipment to develop children’s sensory-motor skills and improve their learning and behavior. Includes 64 cards on a convenient snap-ring holder, “How to Use” pamphlet, and storage box.

Learning in Motion
101+ Sensory Activities for the Classroom
by Patricia Angermeier, Joan Krzyzanowski, and Kristina Keller Moir
ISBN: 978-1-932565-90-4
$39.95

Age-appropriate activities for every week of the school year! Ideal for preschool, kindergarten, and primary classes, each activity has been developed to attract and keep children’s interest by using a multisensory approach to improve children’s learning and behavior. Activities are organized by month so educators can quickly choose activities that correspond with seasons, holidays, and educational goals throughout the year.
WHY won’t he stay in his seat? WHY does she flap her hands? And WHAT should I do? As inclusion becomes the norm in general education, teachers are faced with behaviors they have never seen before. Special needs educators may recognize the telltale symptom of a sensory need or a textbook-case of an avoidance behavior, but this is all new territory for the general-ed crowd! This book illuminates possible causes of those mysterious behaviors, and more importantly, provides solutions!

Now more than ever, states are mandating that children with special needs be included in the general education classroom. As a result, all educational professionals, from teachers to administrators, need specific training on the nature of special needs kids and how to handle unusual behaviors. More Behavior Solutions builds on the success of the first book by expanding the focus to all areas of the school environment.

Art encourages communication, a positive self-image, concept development, spatial relationships, fine-motor skills, and many more facets of healthy childhood development. In this book, Toni Flowers provides dozens of artistic activities that will delight children with autism. Notes on each activity page offer helpful do’s and don’ts, along with many real-life experiences. Give the children in your life the opportunity to express themselves.

Music therapy is the use of music to address nonmusical goals. More and more parents and professionals are finding that music can break down barriers for children with autism in areas such as cognition, communication, and socialization. While music therapists are experienced professionals who create unique interventions, many of the principles of music therapy can be implemented by other therapists, teachers, and parents—even by people who do not consider themselves musical! Visual aids and already-written songs will get you started!
Paula Aquilla, BSc, OT, is an occupational therapist who has worked with adults and children in clinical, educational, home, and community-based settings. She founded the Yes I Can! Integrated Nursery School, Yes I Can! Summer Camp, and the I Love My Baby Program in Toronto and was the director for six years. Paula was also the founding executive director of Giant Steps in Toronto, an innovative program of intensive therapies, academics, and support services for children with autism spectrum disorder.

Based in Toronto, Ms. Aquilla is an active therapist who currently runs a private practice serving families with children who have special needs. Her practice is an approved placement for students from the University of Toronto’s occupational therapy department, where Paula is a regular guest lecturer. She is also a consultant to the McMaster University occupational therapy students. Paula always brings warmth and enthusiasm to her work with children.

Building Bridges through Sensory Integration
Therapy for Children with Autism and Other Pervasive Developmental Disorders
by Paula Aquilla, BSc, OT; Ellen Yack, ESc, Med, OT; and Shirley Sutton, BSc, OT

ISBN: 978-1-932565-45-4
$34.95

Written by three experienced occupational therapists, this book offers a combination of theory and strategies. It is a perfect tool for those working with young children, but also broad enough to be adapted for older children and adults. Building Bridges provides creative techniques and useful tips, while offering innovative strategies and practical advice for dealing with everyday challenges. Part one explains the role of occupational therapists in treatment and examines sensory integration theories. Part two offers methods of identifying sensory problems in children, along with numerous strategies and activities.

Sensory Strategies to Improve Communication, Social Skills, and Behavior DVD
by Paula Aquilla, BSc, OT

$49.95

A video of Paula’s most recent, dynamic presentation, this DVD brings her ideas and practices to life! Her time-tested strategies are perfect for school, clinic, and home environments. Paula explains how anxiety and sensory overload can affect a child’s behavior, demonstrates how a “sensory diet” can help a child focus and learn, and provides simple but proven techniques for improving therapy through better communication among parents, teachers, and therapists.

877.775.8968
Britt Collins, MS, OTR/L, has been practicing in a variety of settings, including sensory-integration clinics, schools, homes, rehabilitation facilities, and hospitals.

Britt lives in Denver and works at The Star Center. She tours the country, teaching the benefits of occupational therapy for children.

Sensory Parenting for Elementary Children
School Years Are Easier When Your Child’s Senses Are Happy!
By Britt Collins, MS, OTR/L, Jackie Olson
ISBN: 978-1-935567-41-7 $19.95 SW

A child’s sensory system affects their ability to learn, play, socialize and function. Maybe a child isn’t able to sit still in class because his shirt tag is bothering him. Or a child isn’t able to play because his balance is off and other kids make him feel unstable. Beginning with the age of five, Britt and Jackie walk parents through everyday situations and duties all the way through your child’s elementary years. They explain the underlying reasons beneath your child’s negative behaviors and the often simple fixes.

Sensory Parenting: From Newborns to Toddlers
Everything is Easier when Your Child’s Senses are Happy!
By Britt Collins, MS, OTR/L, Jackie Olson
ISBN: 978-1-935567-22-6 $19.95 SW

First Book on Sensory Parenting an Award Winner!
All of us have had a sensory issue at one time or another. Maybe it’s your neighbor’s dog barking that bothers you or you can’t stand the texture of cottage cheese. These are common things that as adults we adapt to or avoid without giving them a second thought. What about your children’s sensory sensitivities? What if you could make parenting easier and more fun by taking your child’s senses into consideration? Imagine the possibilities—because you can!

OT in the School
90-minute DVD
by Britt Collins, MS, OTR/L
This DVD teaches how to adapt and facilitate school-based occupations for children who have sensory needs. Britt will take us through a typical day at school and address sensory situations that arise there. The facilitation of attention to task, social interaction, and handwriting are explored.

$19.95 DVD

OT in the Home
90-minute DVD
by Britt Collins, MS, OTR/L
This DVD takes us through a host of activities of daily living with several children. Britt demonstrates several sensory regulation strategies with the children that facilitate a balance to everyday tasks like eating, dressing, bathing, bedtime, and brushing teeth.

$19.95 DVD

OT for Children with Autism, Special Needs & Typical
45-minute DVD
by Britt Collins, MS, OTR/L
This DVD introduces parents to occupational therapy and what it can do for a child who has difficulties with organization of behavior and/or Sensory Dysfunction. It teaches parents and caregivers various skills that can assist in desensitizing a child and help them on the path to reprogramming their brain function.

$19.95 DVD

Yoga for Children with Special Needs
60-minute DVD
by Aras Baskauskas with Britt Collins, MS, OTR/L
Yoga instructor Aras Baskauskas teams with Britt as he takes the children through a yoga routine and Britt offers suggestions regarding your child’s specific special needs. Yoga promotes mental and physical well-being, allowing kids to strengthen their bodies while simultaneously calming themselves.

$19.95 DVD

Sensory Parenting
From Newborns to Toddlers Everything is Easier when Your Child’s Senses are Happy!
By Britt Collins, MS, OTR/L, Jackie Olson
ISBN: 978-1-935567-41-7

Sensory Parenting
From Newborns to Toddlers Everything is Easier when Your Child’s Senses are Happy!
By Britt Collins, MS, OTR/L, Jackie Olson
ISBN: 978-1-935567-22-6

Sensory Parenting
For Elementary Children School Years Are Easier When Your Child’s Senses Are Happy!
By Britt Collins, MS, OTR/L, Jackie Olson
ISBN: 978-1-935567-41-7

Sensory Parenting
For Children with Autism, Special Needs & Typical
45-minute DVD
by Britt Collins, MS, OTR/L

Sensory Parenting
For Children with Special Needs
60-minute DVD
by Aras Baskauskas with Britt Collins, MS, OTR/L
Just Take A Bite
Easy, Effective Answers to Food Aversions and Eating Challenges!
by Lori Emsperger, PhD, and Tania Stegen-Hanson, OTR/L
ISBN: 978-1-932565-12-6
$24.95

Is your child a “picky” eater or a full-fledged resistant eater? Does he or she eat only three to 20 foods, refusing all others? Eat from only one food group? Gag, throw tantrums, or become anxious if you introduce new foods? If so, you have a resistant eater. Learn the possible causes, when you need professional help, and how to deal with the behavior at home.

No Longer A SECRET
Unique Common Sense Strategies for Children with Sensory or Motor Challenges
by Doreit Bialer, MS, OTR/L, and Lucy Jane Miller, PhD, OTR/L
$19.95

Two great minds offer easy, effective strategies YOU can use to help kids with sensory and motor issues! This invaluable resource by Doreit Bialer and Dr. Lucy Jane Miller, author of Sensational Kids, helps teach you cost effective, on-the-spot problem-solving tips to use for children with sensory issues. Any parent, teacher, or therapist can learn the strategies in this book to help the child in their life!

Making Sense of Sensory Integration CD
featuring Jane Koomar, PhD, OTR/L, FAOTA, Stacey Szklut, MS, OTR/L, and Sharon Cermak, EdD, OTR/L, FAOTA; Introduction by Carol Kranowitz, MA
ISBN: 978-1-931615-14-3
$17.95

In this audio CD, three expert occupational therapists discuss a wide variety of issues related to sensory processing disorder and how to treat it. The CD format is wonderful for parents’ and teachers’ busy schedules! Those new to sensory processing disorder will appreciate the easy-to-understand language, while veterans will pick up new strategies and ideas to add to their toolbox.

Sensational Kids
Hope and Help for Children with Sensory Processing Disorder
by Lucy Jane Miller, PhD, OTR
$14.95

This is a wonderful book from the leading researcher in the field of sensory issues. Warm, clear, and upbeat, Dr. Miller identifies the disorder and the four major subtypes, provides insight into assessment and diagnosis, and suggests treatment options and strategies.
Developing healthy visual-motor abilities is more difficult in the complex stimulus of today’s world than ever before. Our visual experiences can be overwhelmed by the vast complexity of artificial colors and sounds that did not exist in our ancestors’ lives. This helpful book gives an overview of the development of vision, with a checklist of warning signs of vision problems. Practical, playful activities designed to improve visual skills in both adults and children are also included. A must-read for anyone dealing with visual difficulties!

No More Meltdowns
Positive Strategies for Managing and Preventing Out-of-Control Behavior
by Jed Baker, PhD

It could happen at the grocery store. At a restaurant. At school. At home. Meltdowns are stressful for both child and adult, but Dr. Baker can help! Author of the award-winning Social Skills Picture Book series, Dr. Jed Baker offers parents and teachers strategies for preventing and managing meltdowns. With a foreword by Carol Kranowtiz, this book offers an easy-to-follow, four-step model that will improve your everyday relationships with the children in your life.

From Rattles to Writing: A Parent’s Guide to Hand Skills
by Barbara A Smith, MS OTR/L
$15.95

This groundbreaking guide describes the songs, games, toys, activities, and adaptations that help children develop the visual-perceptual skills needed to read and the eye-hand coordination to write. Especially for parents, this comprehensive, fun guide will help you provide the right activities at each stage of your young child’s development.

Raising a Sensory Smart Child
The Definitive Handbook for Helping Your Child with Sensory Integration Issues
by Lindsey Biel, MA, OTR/L, and Nancy Peske
$16.00

For children with sensory integration issues—those who have difficulty processing everyday sensations and exhibit unusual behaviors, such as avoiding or seeking out touch, movement, sounds, and sights—this groundbreaking book is an invaluable resource. Coauthored by a pediatric occupational therapist and a parent of a child with SPD, this book is as warm and accessible as it is authoritative and detailed.
**Your Child’s Motor Development Story**
Understanding and Enhancing Development from Birth to Their First Sport
by Jill Mays
$24.95

*Your Child’s Motor Development Story* is written by an occupational therapist who describes for everyday parents how BEST to help their kids develop. She takes them from birth to crawling, all the way to their first sports. Problems like slouching are tackled, along with more pervasive coordination difficulties that many children face. All parents and their kids will gain from this book.

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**Sensational Journeys**
48 Personal Stories of Sensory Processing Disorder
by Hartley Steiner
ISBN: 978-1-935567-31-8
$14.95

While one in six children has sensory issues intense enough to affect learning and everyday life, there is not yet a guide for those going through it. Here is the first compilation of stories of families who have been through SPD. Written by the mom of a young man with SPD, this much-needed book tells the stories of over 45 families. It will cover all different aspects of what families should expect and what hope lies ahead.

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**The Ultimate Guide to Sensory Processing Disorder**
Easy, Everyday Solutions to Sensory Challenges
by Roya Ostovar, PhD
$19.95

When sensory processing is impaired, lights can be too bright, sounds too loud, and clothes can actually be painful on the skin. It can be practically impossible for children to tolerate their day, let alone learn in a classroom. In this book, with a foreword by Carol Kranowitz, neuropsychologist Dr. Roya Ostovar provides clear explanations, up-to-date research, step-by-step strategies, and case examples that bring her proven methods to life.

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**Nobody Ever Told Me (or My Mother) That!**
Everything from Bottles and Breathing to Healthy Speech Development
by Diane Bahr, MS, CCC-SLP
$24.95

This fascinating book fills a void in the child-rearing world. It explains everything from the basics of nursing, to SIDS, to facial massage, and finishes with the secrets to good speech development and keys to enhancing your child’s best natural appearance. Written by a speech-language pathologist with more than 30 years of experience, this book contains practical advice for all new parents on everything they need to know about oral development from birth to eight years old.
Special Diets for Special Kids, Volumes 1 and 2 Combined

Over 200 revised gluten-free casein-free recipes, plus research on the positive effects for children with autism, ADHD, allergies, celiac disease, and more!

by Lisa Lewis, Ph.D.

ISBN: 978-1-935274-12-4

$34.95

As science reveals more and more about the interconnectedness of how we eat, think, and feel, diets like the gluten-free casein-free (GFCF) diet are quickly growing in popularity. Yet for those facing daily health problems, like autism and celiac disease, this diet can be a lifesaver!

Praised as a modern-day classic by readers all over the world, the first edition of this highly acclaimed book has been helping children and adults with autism, ADHD, celiac disease, and other disorders since 1998. Volume 2 followed up by providing more recipes and updated research. Now, this revised and expanded edition offers both books in one, complete with groundbreaking research, revised recipes, and color photos throughout! Part medical treatise, part cookbook, this book not only teaches how to make gluten-free casein-free (GFCF) meals and snacks, it also reveals how GFCF diets “work.”

Starting Sensory Therapy

Fun Activities for the Home and Classroom!

by Bonnie Arnwine

ISBN: 978-1-935567-26-4

$19.95

Starting Sensory Therapy offers 100+ activities and games for children with sensory processing disorders. The mother of a son with SPD, author Bonnie Arnwine chooses activities that require minimal time, money, and clean-up. Most “ingredients” are already on hand: empty yogurt cups, string, soap, Kool-Aid, flour, and paper plates. If the kids tire of an activity, an “Extend It!” section shows how to use the same ingredients in new and different ways. Activities can be enjoyed with others, so children also benefit from interacting socially with their peers, parents, and teachers.

Too Loud, Too Bright, Too Fast, Too Tight

What to Do If You Are Sensory Defensive in an Overstimulating World

by Sharon Heller, PhD


$13.95

The developmental psychologist Sharon Heller, who is sensory defensive, suggests that the best way for sufferers to cope is not psychotherapy or medication but a host of other treatments that tap into the primitive brain.

Includes CD-ROM so you can print out all the recipes!
Toilet Training
for Individuals with Autism or Other Developmental Issues, 2nd Edition
by Maria Wheeler, MEd
$19.95

Toilet training can be a battleground for parents and children. In this book, Maria Wheeler offers a detailed roadmap for success, based on more than 20 years of experience. Learn how to gauge “readiness,” dissolve fears of the bathroom, teach how to use toilet paper, flush and wash up, and deal with toileting in unfamiliar environments in this best selling book.

Asperger Syndrome and Sensory Issues
Practical Solutions for Making Sense of the World
by Brenda Smith Myles, Katherine Tapscott Cook, Nancy Miller, Louann Rinner, and Lisa Robbins
$21.95

This book uncovers the puzzling behaviors of children and youths with Asperger Syndrome. Written in a reader-friendly style, the book addresses the effects of the sensory system on behavior, reviews formal and informal assessment tools, and offers an invaluable set of practical interventions that can be used by parents and educators alike to promote success for children with Asperger Syndrome.

Insights into Sensory Issues for Professionals
Articles from the World’s Outstanding Magazine on Sensory Integration: S.I. Focus
by Kathleen Morris, MS, CCC-SLP
$19.95

This book is a compilation of the BEST of life-changing articles aimed at professional readers from the award-winning S.I. Focus magazine. S.I. Focus magazine is the first of its kind, serving as an international resource to parents and professionals who want to stay informed about how to improve sensory integration and how to address sensory processing deficits. This book’s carefully selected articles will help the reader become knowledgeable in the latest research, products, and recommendations by experts from around the globe.
The first edition of *1001 Great Ideas* has been a treasured resource in the autism community since 2004. Now, in this expanded edition, Ellen Notbohm (best-selling author of the revolutionary book *Ten Things Every Child with Autism Wishes You Knew*) and Veronica Zysk (award-winning author and editor of *Autism Asperger’s Digest* magazine) present parents and educators with over 1800 ideas—try-it-now tips, eye-opening advice, and grassroots strategies.

One of the autism community’s most beloved books gets even better! Brimming with insight, compassion, and humor, Ellen Notbohm’s timeless book describes ten characteristics that help illuminate—not define—children with autism. This updated edition delves into deeper discussion of communication issues, social processing skills, and the critical role adult perspectives play in guiding the child with autism to a self-sufficient, productive life.

Carol Gray offers 100 of her famous Social Stories, explaining what to do in everyday situations that children on the autism spectrum may find confusing. These simple, illustrated stories help children understand particular situations and what the outcome might be. Carol also describes how to write a Social Story, so you can tailor stories to fit your child’s needs. A must-have!

The first book of its kind that tells children with autism they are kids with autism, as it gently pokes fun of the label “autistic.” Young readers feel better about themselves after meeting their new friend, the narrator, who has autism, as well as many other more important characteristics. Having autism is just one small part of his overall character and we would never again label him as simply “autistic.”

Winner of a 2012 Preferred Choice Award by Creative Child Magazine!
The CAT-kit
Cognitive Affective Training

by Tony Attwood, PhD, Kirsten Callesen, PhD, and Annette Moller Nielsen, PhD

A world-renowned expert on Asperger’s Syndrome, Dr. Attwood has teamed up with Drs. Kirsten Callesen and Annette Moller Nielsen of Denmark to create a powerful yet user-friendly tool that gets straight to the core of the thoughts and emotions behind behavior. The CAT-kit offers an easy, hands-on way for young people to communicate with adults and each other.

English Version ISBN: 978-1-932565-73-7 $199.95

The CAT-kit Components

The Manual. An easy-to-understand guidebook. Read it in about 30 minutes!

The CAT-organizer. A visual tool to structure conversations about behavior.

Feelings, words, and faces. Ninety different faces express different emotions, along with ninety words to associate with them, all with Velcro for use with The Measure.

The Measure. Similar to a thermometer and divided into intervals, this tool teaches how to gauge the intensity of feelings, interests, and emotions.

The Body. Use it to show the connection between thoughts, feelings, and body behavior.

My Circles. Explore different levels of relationships and the who/what/when/where of words, behaviors, and social skills.

Timetables. Useful not just for schedules but for understanding shifting emotions and evolving perspectives.

Behavior Palettes. Explore the thoughts and feelings behind behaviors and their resultant effect on others.


CAT-Book Labels. Used to create customized books for each student.

Over 180 laminated, adhering images to help explain emotions and thoughts!

“The CAT-kit does not merely focus on understanding (emotions); it addresses also skills acquisition training and practice. Step by step, this program teaches children the most important functions and needs relating to emotions, to social relationships, and to better coping.”

Professor Tammie Ronen
Head of Bob Shapell School of Social Work
Tel Aviv University

877.775.8968
MoveAbout Activity Cards
Quick and Easy Sensory Activities to Help Children Refocus, Calm Down or Regain Energy
by David Jereb, OTR/L, and Kathy Jereb, COTA/L
ISBN: 978-1-935567-13-4
$19.95

This colorful 64-card deck provides fun-filled activities that will help children develop their sensory-motor skills in a gamelike format. These cards offer delightful activities for children of all ages and abilities. Many activities require no special equipment, while others make use of standard classroom equipment to develop children’s sensory-motor skills and improve their learning and behavior. Includes 64 cards on a convenient snap-ring holder, “How to Use” pamphlet, and storage box.

The Tangle Toy $4.00
At first glance, this is just a strange little toy. But it can be much more. Kids love tangling and turning it to create different shapes and feels. Teachers have found that these fidget-friendly toys can actually help children pay attention in class. The rhythmic motion of spinning the sections is quite relaxing.

The Writing CLAW $3.00
Sizes: Sml Med Lg
As many occupational therapists, parents, and teachers have discovered, the Writing CLAW (Controlling Letters of Adolescent/Adult Writing) is a miracle grip that works like magic to promote proper grip, good handwriting, and increased fine-motor function. It eliminates thumb-wrapping and fist-grip to create a true tripod grip in just 60 seconds. It fits both left- and right-handed users. Please note size specifications:

SML fits children from about 2 years old through kindergarten, MEDIUM fits kids in kindergarten through 6th grade (most older girls and women stay at this size), and LARGE fits most boys in 7th grade through adulthood.

The Gentle Gecko $34.95
These wonderful, colorful, weighted geckos help children with sensory issues to relax and calm down. Each soothing gecko is about 30 inches long and weighs about five pounds. It’s a stuffed pet and a big help for children who need the extra weight to feel grounded. Filled with nontoxic milo (a type of birdseed), these gentle creatures have a soft, soothing top that makes them irresistible. When ordering, please specify whether your Gentle Gecko is for a boy or a girl.

Sensory World Ball
Globe-design stress ball, with blue oceans and green continents, this provides a satisfying squeeze on a tough day, or just for fun. This malleable toy is 7½ inches in diameter and a great way to relieve muscle tension and exercise the hands.

Tote Bag $9.95
A Future Horizons exclusive! Our “Special People, Special Ways” tote bag, with art from our children’s book of the same name, is a quality canvas bag that is great for conferences, going back and forth to work or school, or as a general carry-all. At 19” x 17”, you can really cram a lot of stuff in there!

15 Second Timer Keychain
This keychain comes in four colors to help relax and de-stress during the day. Flip the liquid motion toy over to watch drops of colored liquid slide down the keychain. It is also a great way to start teaching patience and attention.

Please select green soccer, yellow happy face, or blue dolphin version. Otherwise we will gladly select one for you.
BIG $5 Sale!

Songames for Sensory Integration CDs
(now Songames for Sensory Processing)
by Aubrey Lande, MS OTR, Bob Wiz, and Friends
ISBN: 978-1-932565-95-9
$24.95 $5.00 special sale price

Fun and engaging for kids ages 3-8, Songames are musical activities for improving fine-and gross-motor skills, muscle strength, and rhythmicity. These 25 therapist-created Songames offer a world of developmental play activities. Plus, the 53-page companion booklet explains how to use music to enhance specific skills, provides a comprehensive list of resources, and triples the number of therapeutic ways to use the games!

I Like Birthdays...
It’s the Parties I’m Not Sure About!
by Laurie Renke; illustrated by Jake Renke and Max Renke
ISBN: 978-1-932565-87-4
$14.95 $5.00 special sale price

In this colorful picture book, a child explains why parties can be painful for some kids. Balloons are popping, kids are screaming, party games are confusing—does a kid have to endure all of this to be a good friend? In the end, perhaps it would be better to celebrate a friend’s birthday on another day. That’s still being a great best friend!

1st Edition Danceland CD:
Songs and Activities to Improve Sensory Skills
by Kristen Fitz Taylor, Cheryl McDonald
ISBN: 978-1-931615-05-1
$21.95 $5.00 special sale price

Danceland is a musical invitation to move joyfully and creatively! Offering safe and surgent fun for kids of all abilities, you’ll be surprised and delighted by all the sensory-motor activities hidden in Danceland. The music invites participation and engages children in rhythmic expression, which is fundamental to physical, cognitive, and emotional development. Designed by physical and occupational therapists, over 75 movement activities can be adapted for physical education and home programming.

The Sensory Connection
An OT and SLP Team Approach
by Nancy Kashman, OT, and Janet Mora, SLP
$19.95 $5.00 special sale price

Drawing on their extensive experience in developing and implementing effective treatment programs in homes, schools, and clinics, Nancy Kashman (OT) and Janet Mora (SLP) provide practical advice and workable strategies to help children and adults with sensory and communication disorders. Combining aspects of occupational and speech-language therapies, Nancy and Janet demonstrate how an integrated team approach increases therapeutic effectiveness, while maximizing the benefits of treatment resources.

Seeing Clearly: Fun Activities for Improving Visual Skills (now Eyegames)
by Lois Hickman, MS OTR, Rebecca Hutchins, OD FCOVD
ISBN: 978-1-931615-09-9
$9.95 $5.00 special sale price

Developing healthy visual-motor abilities may be more difficult in today’s world than ever before, but there are things we can do to improve our visual skills. Seeing Clearly not only explains the science behind “behavioral optometry,” but provides helpful sensory activities as well.

Quantities are limited, so order now!

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Continued on next page
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Why Does My Kid Do That?
10 Common Signs of Sensory Processing Disorder

1. **Extra-Sensitive to Touch** - They don’t like to be touched or can’t be touched enough.
2. **Sensitivity to Sounds** - They may cover their ears when the same noises don’t bother others.
3. **Picky Eaters** - They will only eat one or two familiar foods.
4. **Avoidance of Sensory Stimulation** - They won’t put their hands in anything messy such as glue, clay, or mud. They only wear certain clothes.
5. **Uneasiness with Movement** - They fear amusement park rides, playground equipment, or being turned upside down.
6. **Hyperactivity** - They can’t be still during the day or get to sleep at night.
7. **Fear of Crowds** - Crowded areas bother them to the point of frequent public meltdowns.
8. **Poor Fine or Gross Motor Skills** - They have trouble with handwriting or kicking a ball.
9. **Excessive Risk Taking** - They may be unaware of touch or pain, which can come across as aggressive behavior.
10. **Trouble with Balance** - They may be accident-prone or fall more often than others and have a preference for sedentary activities.

Find answers to all of these problems inside!