

CHAPTER 7: ADAPTING HOME, SCHOOL AND CHILDCARE SETTINGS

Child's Name: _____

Date: _____

Occupational Therapist: _____

1. What underlies the behavior?

- Try to understand the reason behind the behavior you are observing.
- Let the student know that you are attempting to understand and that you know he/she is trying hard be respectful.
- Have members of your school team fill out questionnaires to broaden your information base.
- Observe the student and observe responses to different sensory stimuli at different times of the day (take into account fatigue, transitions, etc.)

When do atypical behaviors occur? _____

What helps the student stop atypical behaviors? _____

2. What motivates this student?

Are there sensory motivators that this student is using to self calm? _____

Are there toys/activities/topics/music that motivates this student? _____

3. Can the behavior be altered so that it is:

Acceptable in the classroom setting? _____

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The student's need is being met? _____

4. Can the schedule and/or environment be changed to accommodate the student's needs?

Can activities involving greater organization and concentration be at the beginning of the day rather than at the end? _____

Can there be quiet times so that the teacher is available for more individual attention? _____

Can offensive sensory stimulus be minimized and sensory stimulus that is organizing be increased? _____

Can calming sensory stimulus be scheduled into the child's day to increase calmness (sensory diet)? _____

5. Does structure and routine facilitate the student's ability to predict upcoming events?

Can communication aids become part of the student's organization to increase understanding of the day's events and give a sense of control? _____

6. Can the perception of sensory stimuli be changed?

Can wearing weighted vests, ear plugs or Irlen lenses be introduced? _____

Can verbal or visual strategies be incorporated? How? _____

7. How can communication between members of the school team, home and community agencies be facilitated to ensure consistent strategies and understanding across environments?

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8. Other Strategies:
